

What's On! January 2019

Centre is CLOSED: Tuesday, January 1 - New Year's Day

Special Events and Concerts

Wednesday, January 9	Bingo!	1:00 pm - 2:30 pm	Cost: 2 cards for \$1
Sunday, January 13	Concert: Pianist Samia Samadova	1:30 pm - 2:30 pm	Cost: \$5/\$8
Wednesday, January 16	Lecture: "The Golden Age in Spain" by Arnold Gilis	1:30 pm - 3:00 pm	Cost: Free/\$2
Wednesday, January 23	Bingo!	1:00 pm - 2:30 pm	Cost: 2 cards for \$1
Sunday, January 27	Concert: Isaac Muzikansky & Alexander Veprinsky	1:30 pm - 2:30 pm	Cost: \$5/\$8
Wednesday, January 30	Opera on the Big Screen: "Imperial Waltz"	1:00 pm - 3:00 pm	Cost: \$4/\$6

Oil Painting Exhibition at the Miles Nadal JCC

Saturday, January 5 - Wednesday, January 30

Celebrate the immense talent of our oil painting class at their first exhibition at the Miles Nadal JCC. Enjoy the breathtaking range of landscapes and still-life painting. Please visit during their regular business hours.

Location: Miles Nadal JCC - 750 Spadina Ave., Toronto ON M5S 2J2



Classes and Workshops Starting in January!

Community Choir	Thursday, January 3 - February 7 (6 weeks)	7:00 pm - 9:00 pm	Cost: \$51/\$102
Pottery: Mixed Levels	Sunday, January 6 - March 24 (12 weeks)	9:30 am - 12:30 pm	Cost: \$162/\$324
Zumba Gold	Tuesday, January 8 - March 19 (11 weeks)	10:30 am - 11:30 am	Cost: \$49.50/\$99
Chair Yoga	Friday, January 11 - March 22 (11 weeks)	10:00 am - 11:00 am	Cost: \$49.50/\$99
Facebook	Thursday, January 17 - February 14 (5 weeks)	9:00 am - 11:00 am	Cost: \$40/\$55
Hints, Tips & Tricks	Monday, January 28 - March 25 (8 weeks)	9:30 am - 11:30 am	Cost: \$56/\$76
Word & Excel	Wednesday, January 30 - March 27 (9 weeks)	9:00 am - 11:00 am	Cost: \$63/\$86

New Program: "Who Knew?"

Share and express life and family histories and memories through flexible and fun introductory art workshops including storytelling, visual arts, music, movement and more. Registration required.

Please call Jen at 416-225-2112, ext. 105 for more information or to register.

Monday, January 14, 21, 28 and February 4 • 1:30 pm - 3:30 pm • Cost: Free

This program is generously funded by the Toronto Arts Council and offered in partnership with Jumblies Theatre.

Thursday Wellness Lectures

1:30 pm - 2:30 pm • Cost: Free

January 3	Effective Breathing	Michelle Bancroft Former Respiratory Therapist
January 10	Authentic Dialogue	Jonathan Miller Mindful Communication
January 17	Joint Pain & Osteoporosis	Manuel Lupea Physiotherapist
January 24	Seed Preparation	Shoresh Environmental Organization
January 31	Retiring on a Low Income	John Stapleton Open Policy Toronto

Service Navigation & Information Clinic

Assistance with applications and forms.

Thursday, January 10

9:00 am - 12:00 pm • Cost: Free

Call 416-225-2112, ext. 122 for an appointment.

CONTACT INFORMATION

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www.betelcentre.org



www.facebook.com/betelcentre



www.twitter.com/betelcentre

We gratefully acknowledge financial support for the Bernard Betel Centre from:



Tea with Gail!

English Language

Thursday, January 17

11:00 am - 12:00 pm

Cost: Free

Russian Language

Monday, January 21

3:00 pm - 4:00 pm

Cost: Free

Drop-in Social Work Clinic

Assistance with applications, forms and referrals.

Thursday, January 24

9:30 am - 12:00 pm • Cost: Free

Lifelong Learning Lectures

In the Synagogue • Tuesday • 10:00 am- 11:30 am

Members: \$4.25 Non-Members: \$8.50

January 8	Escape to Europe	Susan Brown Travel Lecturer
January 15	Customs from Around the World	Harvey Skolnick Professor Emeritus
January 22	How a Missionary Brought me Back to Judaism	Robert Walker Hasbara Fellowships Canada
January 29	Fun with Classical Music: Operative Drinking Songs	Howard Mednick Classical Music DJ

Laughter Yoga!

Thursday, January 10 • 12:15 pm • Free!



Weather Related Centre Closures

In anticipation of the winter months and the snow and ice that comes with it, we would like to address the protocol for a centre closing. In the case of a last minute centre closing due to weather, the Bernard Betel Centre will post this closure on the centre website www.betelcentre.org, on our Facebook page www.facebook.com/betelcentre, on our Twitter page www.twitter.com/betelcentre and on the centre's phone system at 416-225-2112, ext. 0. We encourage all participants to check one or all of these options to determine if the Betel Centre will be open and programs will be running as scheduled. If you have any questions, please speak to a Betel staff member.

Stay tuned for *What's On!* in February!